

OCR ACTIVITIES GUIDE

15-Feb-20

Activity	When	Where	Contact
10 Pin Bowling	Thursdays - 1:00pm	Wave Bowl, Hastings River Dr (opp Aldi). \$13 for 2 games inc shoe and ball hire. New bowlers most welcome	
500 (card game)	Mondays - 6:30pm to 9:00pm	OCR Clubhouse	Gwen - #4
Adults Colouring In Group	Tuesdays - 1:30pm to 3:30pm	Activities Shed	Pattie - #83 Nerida - #77
Ballroom Dancing Practice	Mondays - 4:30pm and 4:00pm Saturday	Activities Shed	
Monthly Resident's BBQ/Lunch	Every month, on the first Sunday of the month. See calendar for dates. - Starts 12noon for 12:30pm	BYO drinks and meat, and a dish to share. (see the list in the Clubhouse)	Social Committee
Bridge	Fridays - 10:00am	OCR Clubhouse	Lynn - #89
Craft Group (sewing, card making, embroidery etc)	Mondays - 9:00am to 12noon	Activities Shed	Di - #132
Darts	Fridays - 7:00pm to whenever	Activities Shed	Fred & Gemma #67
Fine Art Group	Tuesdays - 9:30am to 3:00pm	Activities Shed	Marie - #2
Knitting "Wrap with Love"	Fridays - 1:30pm to 3:30pm	OCR Clubhouse	Jenny - #22 Shirley - #103
Lawn Bowls	Tuesday and Saturday - 16 ends name in by 8:15am - start play at 8:30am Wednesdays - 14 ends name in by 4:45pm - start play at 5:00pm. Sunday bowls every second Sunday - Check the OCR Calendar page.	OCR Green	Peter - #50 Di - #132 Don & Judy - #164 Ceri - #24 Max - #158
Lawn Bowls Skills Session	Fridays - 8:30am to 10am Phone Bob to arrange a time on 0427 513 245	OCR Green	Bob - #53
Line Dancing	Mondays - Wednesdays - Fridays 10:00am to 11:45am	Activities Shed	Diana - #12
Mah-jong	Monday - 4:30pm to 6:00pm - Activities Shed Tuesday - 2:30pm to 4:00pm Wednesday - 10:30am to 12:00pm	OCR Clubhouse	Margaret - #126
May I? (card game)	Mondays - 2:00pm to 4:00pm	OCR Clubhouse. Newcomers welcome. 20cents per game	
Meet & Greet	On the third Friday of the month - 4:00pm	OCR Clubhouse	Social Committee
Men's Club	Tuesdays - 3:30pm to 6:00pm	Activities Shed	
Hi Impact/Exercise Class	Mondays - 8:00am to 8:40am	Activities Shed	Judy - #164
Moderate Exercise & Stretch	Mondays - Wednesdays - Fridays - 8:45am	Activities Shed	Trish - #30
OCR Travellers	Refer to noticeboard		Audrey - #50 Nerida - #77
Pool (8 ball)	Tuesdays & Fridays - 1:30pm	OCR Clubhouse	Les - #108
Rock 'n' Roll	Tuesdays - 6:30pm to 8:00pm	Activities Shed	Di - #132
Singing Group	Thursday - 4:30pm to 5:30pm	Activities Shed	Gary - #20
Tennis	Mondays, Wednesdays & Fridays - 8:00am	All welcome	
Tile Rummy	Wednesdays & Saturdays - 1:30pm to 3:00pm	OCR Clubhouse	Gloria - #45
Ukelele Group	Thursday - 2:00pm	OCR Theatre	Tracey - #200
Walking Group	Thursdays 8:15am	Meet at the OCR tennis court	Ray #133
Water Aerobics	Tuesdays, Thursdays & Saturdays - 11:00am	OCR Pool	Trish - #30 Shirley - #103
Yoga	Tuesdays - 9:30am	Activities Shed	