



Grapevine

From the Editor



When you are the editor of a newsletter it is incumbent on you to come up with some interesting introduction to the newsletter, commenting on the issues of the day, or on particular events of interest to the readers such as Anzac Day or Mother's Day or Father's Day

This time round though I can't think of anything really to say. I could talk about the recent Federal Election but that was a bit of a non-event although it is probable that the losing side might just thank their lucky stars that they lost given the increasing political and economic uncertainty locally and internationally.

Given the continuing drought nationwide and the condition of Lake Cathie as local evidence, I could talk about climate change or the weather (two different and sometimes opposing natural fluctuations).

The 75th Anniversary of the D Day landings was of interest as a significant event which helped influence modern history but were the landings any more important than many other anniversaries which changed the course of history?

Enough said about how Brexit is going to be resolved if ever.

I could talk about how and why we are each who we are, but I will let that go for one of Charlee Bruce's conversations pieces.

So, nothing to really talk or comment about.

The Editor

From Your Residents Committee

The month of May was a relatively quiet month for the Residents Committee. Our major focus was preparing for the quarterly Residents Meeting being held at the end of the month.

The main focus of the meeting was to make it informative and as it turns out a little light hearted at times. The feedback received by several members of the committee relating to the Residents Meeting has been very positive which has been great to hear. Below is summary of some of the points that were raised and discussed:

(a) Lawn Bowls Green and Lighting

There was a general discussion regarding the poor state of the lawn bowls green. Peter Meadows advised that he had potentially identified someone that could come and clean the bowling mat professionally. Further discussion is required between the bowling maintenance staff, the bowling committee and Management.

(b) Black Phones

The issue of the black phones was raised from a previous enquiry from a resident. Intercom phones, Uninterrupted Power Supply (UPS) & micro wave dishes are classed in a similar context to all appliances in your homes when you purchased the home. There is a warrantee period given by the installer and manufacturer; once this period has expired it is up to the individual home owner to maintain these items.

This is a similar situation to your NBN battery, your provider does not replace the battery once the battery fails.

(c) Pet Droppings

There was general discussion regarding the pet droppings with the suggestion that all transgressions actually sighted be reported to Management. If your pet makes a mess, then it is

your responsibility to clean it up. These droppings are to be disposed of in the pet owner's own bin and not in the communal bins at the Clubhouse or Activities Centre.

(d) Excessive Water Bills

Excessive water bills and the use of water from the purple taps were discussed. Those in attendance were reminded that the purple taps attached to the houses were not supplying recycled water. Any water used from the purple taps would be charged like any other water used within the household.

Residents were advised that the purple covered pits located at various houses in each street should be used for watering with the view to maintaining our gardens to a high standard.

An amount of \$50 is charged annually and after the meeting, clarification was sought from Management to clarify exactly what was covered by the \$50 charged annually. All residents are encouraged to read their site agreement section 10, which outlines what the \$50 charge is for.

(e) Golf Buggy Insurance

The matter of insuring personal golf buggies was raised. Management have advised that OCR buggies are covered by Management's insurance. OCR Management's Project Managers, King & Campbell, also advised conditional registration is not required for golf buggies or mobility scooters as all roads within the community are private.

Residents were advised that insurance for golf buggies or mobility scooters etc., is a personal choice and owners should discuss this matter further with their own insurers if they felt it necessary.

Glenda Thomas
Chairman, Residents Committee



Meet 'n' Greet is back!

On the 3rd Friday of each month in the Clubhouse starting at 4:00pm.

What to bring?

A small share plate of nibbles and your own drinks, plus a few gold coins for the Raffle, which will be drawn on the night, and the 100 Club.

The Lucky House number will also be drawn so be there or miss out!

Monthly Sunday Lunchtime.



The Soup list is up!

Come join in a Soup & Slice Lunch then stick around for some Musical Bingo fun.

When: Sunday 7th July.

Time: 12 noon for 12:30pm lunch.

Where: The Clubhouse

Cost: \$10.00 per person.

A choice of Pumpkin, Minestrone or Chicken / Vegetable.



The attendance list is now on the bar in the Clubhouse and will be there until noon Friday 3rd July, which for catering purposes, is our cut off. No names will be taken after this date so get in early.

For full details check the ocrresidentsguide.com.au 'upcoming events'.



Your Social Committee

Black & White 6 Course Degustation Dinner Saturday 17th August 7:00pm



Treat yourself to a Fine Dining experience without leaving Ocean Club Resort.

Last year in June, the previous Social Committee, had that pleasurable experience, and because of the interest of such an evening, we are delighted to announce that another has been planned.

Why are we doing this you ask?

The answer is - because the evening was such a success, and the one and only evening of its kind held at OCR, we were asked by those who attended, if another could be organized, and for those who missed out, but really wanted to share that same experience, now is your opportunity.

Imagine sitting in a candlelit atmosphere with soft live music and a vocalist singing whilst being served a 6 course Degustation Dinner at your table by wait staff. You don't have to lift a finger, just sit

back and enjoy being treated as if you were in a classy restaurant.

We have caterers coming to Ocean Club to treat us to a night to remember.

Once again, the evening will be a restricted number, so as we can set that Classy Intimate Restaurant feel.

There are already a few names in. Some from last year and also others who couldn't make it.

Six Courses of Fine Food plus Live Entertainment and drinks on arrival.

Cost per head: \$65 per head.

And to keep the cost down to that figure, we ask that you BYO drinks that you would like to enjoy during the night. The tables will be either 6 or 8 only, so get your friends together and book a table. If you are just 2 people together, we will seat you with others on a table.

There's No Strangers at OCR.

Names to - Wendy #128 - Kathy #143 or Val #82 ASAP but definitely by Monday 8th July.

And to confirm your seat or table the first to hand their money in as well as names will be assured of a wonderful night of Fine Food, Live entertainment with Friends.



REMEMBER. It will be a BLACK and WHITE evening, you don't have to have a dinner suit, but we did see some very dapper men in their suits last year, and to the Ladies, this is your chance to dress up and feel wonderful.

Looking forward to experiencing another great night with you.

Kathy, Val, Wendy & Kate

Conversations at OCR in The Clubhouse Theatre Hosted by Kevin Lewis #132.



Making money while the Sun shines... aka KILL BILL!

Ever wondered how those residents with SOLAR panels are faring when it comes to BILL time? They're doing rather nicely thank you, but how nicely? And how did they come to the conclusion that SOLAR was the way to go?

How do you understand your current BILL, 3 pages of bumf, jargon and unnecessary complication? What is a kWh? What is a SOLAR PV System? What is the GRID? What is a SOLAR FIT? How do I decide whether I should go SOLAR? What size System to put in? How do I measure and compare System performance? How do I know I've made the right investment? Who is Uma Thurman?

SO MANY QUESTIONS!

Hilton Terry #169 and Drew Ramsay #109 will answer those questions, draw conclusions, make recommendations and more on Friday 14th June at 10.00am – 11.30am in the Club House Theatre.

Get your name down on the attendance sheet on the Club House Bar early, don't be disappointed. Bring your latest ENERGY BILL to the presentation, get there early for a good seat, get a piece of the SOLAR action and KILL BILL!

Making money while the Sun shines...aka KILL BILL!



Future Conversations Presentations.

The Conversations Series has and continues to provide presentations that are entertaining, enlightening and informative and are all presented by your fellow residents.

If you think that you might have a story to tell please give Kevin Lewis #132 a call or email kevanddilewis@gmail.com and we can discuss your story. Each presentation goes for approximately 40-45 minutes with questions and discussions either during the presentation or at the conclusion. time?

Venue: Clubhouse Theatre

Human Behaviour Seminar



Why Isn't Everyone Perfect Like Me?

Come and find out on Thursday 27th June

Human behaviour fascinates me to the core and has for at least the past 40 years, so for me, OCR is like being a kid in a lolly shop.

OCR provides the perfect environment for the observation of human behaviour and interaction. For the majority of us our prior lifestyle would have been vastly different to that which we now find ourselves in, however, that does not change the fact that during our life time we have liked, disliked or just tolerated some of our fellow species even if related to them (probably more so).

Why?

Well, there is one way to find out and that is to accept an invitation to join me in the Theatre Room for an insight into not only on your Personal Behaviour but at the same time your partners, a family member or friend.

As interest in this topic is high, I may schedule another evening later in the year.

A glass of Champagne, juice, tea or coffee and nibbles provided.

Charlee #200



Life on the Farm – (is kind of laid back).

From Shirley. (For those residents who may not be aware, Shirley ran a farm at Wingham on her own for many years.)

An Uplifting Story.

During May one year a lady from Sydney booked one of the farm cabins for herself and her 7-year-old autistic son. She wanted him to experience country life and to see all the birds and animals.

When they arrived, the little boy seemed afraid and did not speak. After they settled in, she took him to see the cows and calves, alpacas, chickens and tried to get him to pat my friendly dog. He seemed to like all the animals but he was not happy around people.

During the week I asked her if her son would like to sit around a bonfire to which she said Yes. I made a small bonfire in a cleared area and late in the afternoon we sat on logs around the fire. The little boy was fascinated but still did not speak. I toasted some marshmallows on a stick and gave them to the mother to give to him whilst I lit some sparklers.

After the fire had died down, I raked over the coals and we headed back to the house. As we walked the little boy came over to me and gave me a big hug. His mother was amazed and said he had never done that to anyone before. He obviously enjoyed himself and that hug just made my day.

Let's Dance.



Partnered dance class Saturday 2.00pm.

Rhythm Dance - learn to dance to almost any music, from slow romantic songs to upbeat rock and roll music.

Designed for couples who think they can't dance or have two left feet! If you can walk forward, sideways and backward and can count to 8, then you can succeed in this dance. Charlee and Tracey promise to take it real slow, adding a new step each week, or when you are ready for it.

It is most suited to beginner dancers. However, the more experienced dancers can use it and make it more interesting.

It's Free so if you love music, you could at least come and give it a try. Every Saturday from 2.00-3.00pm

If you would like to know more have a chat to Charlee or Tracey #200.

CRABBY OLD MAN

When an old man died in the geriatric ward of a nursing home in North Platte, Nebraska, it was believed that he had nothing left of any value. Later, when the nurses were going through his meagre possessions, they found this poem. Its quality and content so impressed the staff that copies were made and distributed to every nurse in the hospital

The old man's sole bequest to posterity has since appeared in the Christmas edition of the News Magazine of the St. Louis Association for Mental Health. A slide presentation has also been made based on his simple, but eloquent, poem.

And this little old man, with nothing left to give to the world, is now the author of this 'anonymous' poem winging across the Internet.

"What do you see, nurses? What do you see?
What are you thinking when you're looking at me?
A crabby old man, not very wise,
Uncertain of habit, with faraway eyes?

"Who dribbles his food and makes no reply
When you say in a loud voice 'I do wish you'd try!'
Who seems not to notice the things that you do,
And forever is losing a sock or shoe?

"Who, resisting or not, lets you do as you will,
With bathing and feeding, the long day to fill?
Is that what you're thinking? Is that what you see?
Then open your eyes, nurse. You're not looking at me.

"I'll tell you who I am as I sit here so still.
As I do at your bidding, as I eat at your will.
I'm a small child of Ten with a father and mother,
Brothers and sisters who love one another.

"A young boy of Sixteen, with wings on his feet.
Dreaming that soon now a lover he'll meet.
A groom soon at Twenty, my heart gives a leap.
Remembering, the vows that I promised to keep.

"At Twenty-Five, now I have young of my own
Who need me to guide. And a secure happy home.
A man of Thirty. My young now grown fast,
Bound to each other with ties that should last.

"At Forty, my young sons have grown and are gone,
But my woman's beside me to see I don't mourn.
At Fifty, once more, babies play 'round my knee,
Again, we know children, my loved one and me.

"Dark days are upon me, my wife is now dead.
I look at the future and shudder with dread.
For my young are all rearing young of their own.
And I think of the years and the love that I've known.

"I'm now an old man and nature is cruel.
Tis jest to make old age look like a fool.
The body, it crumbles, grace and vigour, depart.
There is now a stone where I once had a heart.

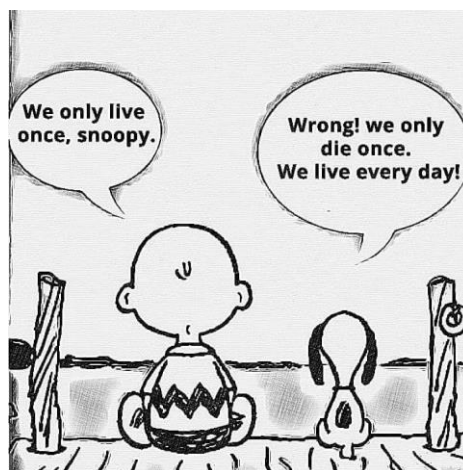
"But inside this old carcass a young guy still dwells,
And now and again my battered heart swells.
I remember the joys, I remember the pain.
And I'm loving and living life over again.

"I think of the years, all too few gone too fast.
And accept the stark fact that nothing can last.
So open your eyes people, open and see.
Not a crabby old man . . . Look closer . . . See ME!!"

Remember this poem when you next meet an older person who you might brush aside without looking at the young soul within.

The best and most beautiful things of this world can't be seen or touched. They must be felt by the heart.

Thank you to Tony West for sharing this story and poem.



Playing in the Race Car Shed

On Thursday 11th April 2019, five OCR guys were given a detailed look into the Miedicke Motor Group Racing Team. Shirley Smith is the proud mother of Allan Smith who is a key cog in the total operation. You all know her as that lovely, caring lady. Small in stature but a giant when it comes to energy. She keeps us young tennis players on the back foot. We all aspire to your standard Shirley!

Thanks to the kind offer from Allan to OCR residents, the following five residents could not get there quick enough - Tony West, Paul Cano, Chris

Horvath, Floyd Ballard and myself, Paul O'Brien. We meet Allan at the front gate to the workshop.

A quick meet and greet then off we went. Allan started the tour giving us a brief background on who and what makes up the Miedicke Motor Group Racing. He could see the excitement in the eyes of all of us and said "let's go and look at the cars." We took off, legs moving like wheels spinning in the dirt! We were like kids in a toy shop. What do you look at first? Ford Mustang cars lined up, tyres piled up on the left, tools in the front, spare parts on the right.

Allan's tour was very detailed and he answered every question we fired at him and some a second time due to over excitement!

Topics covered were like, time to prepare cars, costs involved, team training, results and car performance. We climbed in and out of the cars, fired up the engines and just played like kids in a toy shop. Capturing the moment, taking photos of each other in the cars.

We then went and had a look at the Ford Sierra RS 500 that Peter Brock raced along with the new Mustangs for sale in the showroom.

We headed to Allan's own home to see the Aston Martin. Tony offered to drive. I think he thought the rest of us may not have been able to keep our speed down after the tour. We would have been okay though as one of us was a Traffic Cop in his past life. Can you guess who?

Miedickes race the Aston Martin but due to a lack of room at the workshop they can't house it. Once again, the engine was fired up. What a buzz it is to stand beside these cars when they are fired up. The sound and noise just rumbles right through your whole body. I am not sure if Allan's neighbours would share our excitement especially when he puts the foot down on the accelerator and the thundering sound roars out the exhaust pipe. Allan then opened up his race go-cart trailer to provide us with a detailed look at this side of motor racing.

This was the closest I have ever been to see and feel the "real" side of motor sport. For a person who really only got excited about motor racing when Bathurst and the Melbourne Grand Prix was on, I have got to say, what a fantastic morning we

all had. You could not shut us all up on the drive back to OCR. I do think it was a smart idea of Tony to drive and I think Floyd was happy to not have to come out of retirement to write one of us a speeding ticket!

To Shirley and Allan, a huge thank you for the opportunity. It was an awesome day. My suggestion to fellow OCR residents – if this is something you would like the opportunity to see, invite Shirley around for a cup of tea, spoil her with some home baking and then ask her nicely. I am sure she would be able to organise another tour.

Paul O'Brien.



Allan has since taken another group of OCR residents on a tour like the one Paul has described above. He has extended the invitation to other residents who might be interested. The tours are being done when Allan is available. We are keeping the numbers of each tour group to four or five. If you are interested please contact Shirley or myself.

Ray Cooper #133

2019 Garage Sale.

Another Garage Sale is over and once again the weather was not in our favour. Having said that 470 maps were handed out with an estimated 1000 plus people coming through the gate.



Nevertheless, there were lots of people walking around with bags of goodies so hopefully most residents managed to sell some treasures.

The Shed Tea Room was well attended, as would be expected given the weather.



There are a few people I would like to thank. Firstly, all the residents who opened their garages – without your involvement there wouldn't have been a garage sale; Geoff Howard for your help with the flyer, map and emails; Di Lewis and her helpers for taking over the Tea Room; my dear husband Don for putting up with me over the past weeks; and the volunteers who manned the gate and directing traffic; many others who helped along the way, Robyn, Lee, Barry, Peter, Mark, Josh and Cam. All working together helped make the day a success.

Thanks to Management for the advertising and printing.

We were able to donate \$617.90 to the Hastings Cancer Trust from the sale of tea, coffee and scones, and the sale of plants, from the balance of the money I collected from garage owners.

The Lions Club was also very happy with the BBQ. Lots of sausages sold.

See everyone again in twelve months, and hopefully the weather will be kind for a change.

Judy Peak.

Library News.

I had a little book sale as part of the general garage sale, recycling surplus library stock, with the proceeds being used to buy new titles for our library. Whilst the result wasn't dramatic – need to sell a lot of books at \$2.00 each to make much – it will allow me to get some more recent titles, in good condition, through second hand bookshops.

If there are any titles you would like to suggest for purchase please let me know.

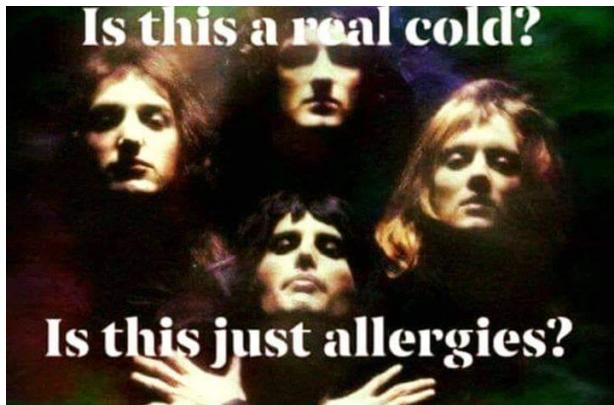
I would again like to thank all those readers who donate books to the library.

**Happiness is...knowing that
you have enough reading
material (for the next few weeks at least)**



Ray.

Courtesy of Dawn French.



♩ Is this a real cold?	Because my stopped-up nose
Is it just allergies?	Cannot blow
Caught in a landslide	Fever's high
Of pollen falling off the trees	Then it's low
Open your eyes	Any way the wind blows
Look up to the skies and sneeze	It's always full of pollen
I'm out of Kleenex	For me...
Need antihistamines	For me...